



June 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					6-Bodyblast	9-Yoga w/Nikki
	6- Circuits 530- Yoga flow	6- Circuits	6- Circuits 530- Yoga Flow 630- Female STR.	6-Circuits w/BESS 7-Bodysculpt w/BESS	6-Bodyblast	9-Yoga w/Nikki
	6- Circuits 530- Yoga flow	6- Circuits	6- Circuits 530 Yoga Flow 630-Female STR.	6-Circuits w/BESS 7-Bodysculpt w/BESS	6-Bodyblast	9-Yoga w/Nikki
2-Yoga Basics	6- Circuits 530- Yoga flow	6- Circuits	6- Circuits/ 530- Yoga Flow	6-Circuits w/BESS 7-Bodysculpt w/BESS	6-Bodyblast	9-Yoga w/Nikki
	6- Circuits 530- Yoga flow	6- Circuits	6- Circuits 530- Yoga Flow 630-Female STR.	6-Circuits w/BESS 7-Bodysculpt w/BESS	6-Bodyblast	9-Yoga w/Nikki



Building a Stronger Community

--	--	--	--	--	--	--